

# Anfrage aus dem HWC - Gigabyte z690

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[F8 Bios Update](#)

I'm not a fan of current BIOS updates, but in this case you have to do the update.

Please use this EFI for this. Then everything works!

## **Please do not forget important procedures:**

Set bios from standard settings to the recommended ones.

Please do not save settings from old bios to the new one! Does not start!

NVram reset is mandatory!

Then load your macOS!

Good luck my friend 🤖