

# macOS 13 VENTURA beta

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[Zitat von krokol](#)

[fabiosun](#) May I ask which method can you recommend for a "solid" backup? (Some years ago I was an avid user of SuperDuper! and later Carbon Copy Cloner, but stopped using these apps due to the problems with the (then) new file system.)

Aber auch an die anderen Power- und Beta-User: Wie macht ihr eure Backups?

I use a second NVME with my "stable" OSX